

# PRESCHOOL/WORLD OF FOURS MENU \* NOVEMBER '24



A Nourished Student is a Learning Student!



This institution is an Equal Opportunity Provider.

Sun

Mon

Tue

Wed

Thu

Fri

Sat

**HIRING**  
WCS NUTRITION SERVICES IS LOOKING FOR A GOOD EMPLOYEES TO FULFILL OUR NEED FOR CAFÉTERIA HELPERS. APPLY ONLINE TODAY! Call the Nutrition Service Office at 586.698.4158 to express your interest in employment.



10/28 Certified Halal Beef Steak Burger on Whole Wheat Bun  
**4- Smiley Fries**  
Ketchup & Mustard  
Peach Cup

4 4-Mini Whole Grain Turkey Corn Dogs  
**1/4 cup Vegetarian Baked Beans**  
1/4 cup Diced Peaches  
Ketchup & Mustard


11 Whole Grain Breaded Chicken Patty Sandwich on a Whole Wheat Bun  
BBQ Sauce  
**1/4 cup Seasoned Corn**  
1/4 cup Diced Peaches

18 4-Whole Grain Chicken Nuggets  
**1/4 cup Seasoned Broccoli**  
1/4 cup Mixed Fruit Cup  
Ketchup Packet

25 Certified Halal Beef Steak Burger on Whole Wheat Bun  
**4- Smiley Fries**  
Ketchup & Mustard  
Peach Cup

10/29 Whole Grain Cheese Quesadillas Served with  
**1/4 cup Corn** with Peppers  
Strawberry Cup

5 **NO SCHOOL**



12 Beef Taco Stick  
**1/4 cup Refried Beans**  
**1/4 cup Salsa**  
1/4 cup Fresh Orange Slices

19 Italian Pull Apart Cheese & Garlic Bread  
**1/4 cup Seasoned Carrots**  
1/4 cup Diced Peaches

26 **HALF DAY BREAKFAST ONLY**

10/30 Reduced Fat Beef Taco Meat & Shredded Cheddar Cheese  
1 Whole Grain Tortilla  
**1/4 cup Salsa**  
**1/4 cup Refried Beans**  
1/4 Fresh Orange Slices

6 3- Whole Grain Chicken Tenders  
**1/4 cup Seasoned Corn**  
1/4 cup Mixed Fruit Cup  
Ketchup

13 Whole Grain Penne Pasta with Alfredo Sauce  
**1/4 cup Seasoned Broccoli**  
1/4 cup Mixed Fruit Cup

20 **Happy Franksgiving**  
All Beef Hot Dog on a Whole Grain Bun  
**4-Tater Tots**  
**1/4 cup Vegetarian Baked Beans**  
Strawberry Cup  
Ketchup & Mustard

*Have a Healthy & Safe Break*


10/31 **Happy Halloween**  
Whole Grain Popcorn Chicken  
WG Dinner Roll  
**1/4 cup Fresh Broccoli** & Ranch  
1/4 cup Diced Pears

7 **Breakfast For Lunch!**  
Whole Grain Waffle  
2-Turkey Sausage Links  
1/4 cup Cinnamon Applesauce  
**1 Bag Baby Carrots**  
**1/4 cup Seasoned Broccoli**

14 Warm Turkey Ham and Cheese on Whole Grain Hawaiian Bun  
Colby Jack Cheese Stick  
1/4 cup Seasoned Green Beans  
Bag of Sliced Apples

21 **Bagel Fun Day!**  
Whole Grain Bagel  
Light Cream Cheese  
Low Fat Mozzarella Cheese Stick  
Low Fat Yogurt  
Fresh Apple Slices  
**Baby Carrots** w/ Ranch



8 

15

Everyday your child will receive 1% white milk with their meal.

22 Due to continued nationwide food shortages and supply chain issues, menus are subject to change depending on availability.

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